

INCLUSIVE EDUCATION WORKSHOP OUTLINE

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PURPOSE

The purpose of this workshop is to promote awareness of those with intellectual disabilities and how to implement effective inclusive strategies

LEARNING OBJECTIVES

- Educate teacher and other school staff about disabilities and how to promote proper inclusion
- Increase awareness of the obstacles students with Down syndrome and other developmental learning disabilities face in the classroom
- Collaborate with colleagues to develop actionable ways to practice inclusion and connection of resources

ACTIVITIES

- **Activity 1: Disability Obstacles**
 - 3 different stations based on characteristic difficulties from the Developmental Profile from Down syndrome education International
 - Participants will have 5 minutes to rotate through each station
 - Motor development
 - Participants will put on a oven mit on their writing hand and will receive a prompt and respond to it
 - After they are completed participants will compare it to the original
 - Expressive language, grammar and speech clarity
 - Participants will partner up with another person.
 - One person will put a marshmallow in the mouth and start talking about an academic prompt. The other participant will listen. After 2.5 minutes participants will switch roles.
 - At the end of the time, each will share back to what they understood from the conversation
 - Verbal short-term memory
 - Participants will split up into pairs. They will have 2 minutes to develop a list of 10 words.
 - One participant will read back the list to the other participant. While the list is being read back to the participant they will be counting backwards from 15. After the list is finished being read off the partner counting down will recite the list back to the partner.
 - Based off information from Vermontslc & Down Syndrome Education International

- **Activity 2: Effective Inclusion Practice Group Brainstorm**
 - Split the room up into groups with about 5-6 people in it
 - Each group would receive a giant sheet of paper with a question about inclusion on it
 - The groups would work together and write on the sheet their answer to the questions
 - Questions for the groups:
 - When you think of disability what comes to mind?
 - What are physical barriers that those with disabilities might encounter in the classroom?
 - How can you do as a teacher to remove barriers that students with disabilities face?
 - What are resources available in the community to help students with disabilities?
 - What systems are currently working against students with disabilities?
 - How can the school environment help promote/provide modifications can be to help students?
 - What steps can be taken to promote inclusive for all students not only those with disabilities?
 - What would an ideal world where ever was included look like?
 - How can school events please planned to ensure everyone's accommodated can be met?
 - They will have 10 minutes to work together to come up with their own individual answers and then share with their small group.
 - After the 10 mins each small group will share what they had common and what answers they felt important to the rest of the group.
- **Activity 3: Inclusion Action Plan**
 - As an a takeaway/plan of action each staff member will fill out a inclusion action plan.
 - They will have 5-7 mins of time to fill it out. The purpose of the sheet will allow time for each staff to where they are at, reflect on what they have learned and develop goals of how to implement it in their classroom
 - <https://docs.google.com/document/d/127hHoITWRPS9QccCmlPHoQbvY2PWigeDowKyejBRULO/edit>

BREAKDOWN

60 minutes total

0-10 minutes: Informational Presentation

11-26 minutes: Activity 1

27-30 minutes: Reflection

30-40 minutes: Activity 2

41-52 minutes: Group Sharing

53-60 minutes: Activity 3

MATERIALS NEEDED

- Oven Mitts
- Marshmallows
- Letter Paper
- Pens
- Pencils
- Large Sheets of Paper
- Printed out Inclusive Action Plan sheets
 - Quantities will be based on the amount of people you have attending the workshop

DOCUMENTS

- Presentation
 - <https://docs.google.com/presentation/d/1-BCCg1M5xbgSszZ522WeYbZnoDOdLh9REQx9UWxbCZo/edit>
- Inclusive Action Plan:
 - <https://docs.google.com/document/d/127hHoITWRPS9QccCmlPHoQbvY2PWigeDowKyejBRULO/edit>

SOURCES

World Institute a on Disability

- <https://worldinstituteondisabilityblog.files.wordpress.com/2016/01/disability-awareness-workshop.pdf>

Disability Awareness Fair

- <https://f-sepac.org/wp-content/uploads/2015/01/Disability-Fair-ideas.pdf>

Down Syndrome Education International

- <https://www.down-syndrome.org/en-us/about-down-syndrome/development/>

Eastern Idaho Family Connect

- <https://www.easternidahodownsyndrome.org/what-we-do/down-syndrome-awareness-lessons.html>

VermontIc

- https://vermontsilc.org/wp-content/uploads/2020/02/Disability_Awareness_Activities.pdf