

## Margaret's Best Self Profile

### *Data Collection*

<b>Relationship/Aspect of my life</b>	<b>Name</b>	<b>Method</b>
RA Supervisor	Chas Figueroa	Email
Campus Job Supervisor	Lisa Burke	In-person
Circle K Volunteer Supervisor	Chad Garner	Over the phone
Boyfriend	Ben Weinhart	In person
High School Teacher	Erica Golden	Email
High School Teacher	Kevin Hunt	Email
Resident Last Year	Grace Wheeler	Email
Family	Dad: Lanton Lee	Email
Family	Mom: Lori Lee	Email
Family	Aunt: Ellen Annala	Email

### *Data Collection Reflection*

It was an interesting process for me to collect the data. For me, data collection started like pulling teeth. Collecting three situations where I was the best self was difficult because it seemed too vague to ask people. It took me a while to figure out the best way to collect themes and situations. I created a google form that had people identify three characteristics and give a situation with each characteristic. From the different methods I used, I liked the email because I did have an easy way to have all the information looked at instead of transcribing the in-person and over-the-phone conversations. The email method was more convenient for people to do when they had time. The process was complicated, but it helped me think through different options for collecting data. This data will help me in the future because it creates awareness of how my actions affect others. One act might seem small and simple and doesn't affect anyone, but others see that act differently. This feedback will help me as I continue my college career.



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When working within your team of RAs or with residents you've exhibited great patience. For example when working with a new member in the team you had patience with them trying to meet them where they were and knowing when to pull away.

*Chas Figueroa*

Chas Figueroa  
RA Supervisor



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You exhibit your commitment to making the world better through all of your extra-curricular in high school and college. You embrace differences and demonstrate empathy for those who have challenges and have a different life reality than you.

*Ellen Annala*

Ellen Annala  
Relative



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You are a very calming and welcoming person. No one doesn't feel nervous when approaching you. Last year during the start of the year, when the freshman were escorted to a field to see clubs, you were very welcoming to others coming in. you made people feel at ease and relaxed.

*Grace Wheeler*

Grace Wheeler  
Former Resident



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When I use my time, energy, and enthusiasm to improve the lives of others one moment and one person at a time to make the community around me a better place.

*Margaret Lee*

Margaret Lee  
Me, Myself & I



### ***Best Self Profile: Findings & Insights***

When is Margaret her best self? The testimonials above were pulled from various responses I received from the data I collected. The pictures are representations of the different Margaret. RA Margaret, Professional Margaret, Student Margaret, & Authentic Margaret. The quotes are a representation of that Margaret. For example, RA Margaret illustrates when I am my best self and how I work with my residents and RA's. The last testimonial is from me, and the photos express me being myself authentic Margaret. Pictures and quotes were the best way to represent my best self because they put visuals behind the words and the characteristics collected, giving a better representation.

The approach I decided to take with my best self profile was identifying specific characteristics I was myself and then an example of that in action. Many characteristics came up, such as patience, developer, and listener. Each characteristic was paired with meaningful situations that exemplify how I accomplished that. With all the data, three common themes came up collected: motivation, results, and how.

Motivation describes the characteristics that fuel what I do. Words that fall underneath this category include committed, driven, proactive, and developer. Some examples of situations associated with this category were establishing new systems at my financial job, creating a food pantry in high school, and building the people around me. Innovation and development through creativity, excite and motivate me in my activities. The skills of development, innovation, committed can be helpful in future environments I can create among those I am leading. The skills can be able to use now as well as leveraging them in the future. In the Leadership Challenge by James Kouzes and Barry Posner, having purpose is a tremendous motivation with a

drive to action to challenge the process to better the process and others. Purpose and the motivation of being a developer can help me continue to help fuel ideas and passions.

The result category is the characteristics that are felt by others. The words were caring, dependable, and welcoming. Some situations in the category were my RA role, how my residents felt, how others could depend on me, and how I made people feel at the club organization fair. I can use these strengths in how I treat others and make people included as a leader. As I lead groups and use my strengths to impact how others feel, I can utilize other skills to enhance the inclusive. According to an article by Harvard Business Review, there are six signature characteristics: commitment, humility, awareness of bias, curiosity about others, cultural intelligence, and effective collaboration. Enhancing each will help facilitate an inclusive environment impacting others and the results that they feel.

The how category is the characteristics are the specific things I do that impact others. The words used in the category were listener, learner, and patience. This category leads into the other categories since they are the actions that create that feeling and contribute to that motivation. Specific situations include listening to others' opinions in the various groups, working with new members of the RA team, and continuing to learn through the different activities. Especially being a listener and a learner, I have developed those and created an impact through these skills. Based on the information in class, active listening is a way to get other viewpoints and make an impact through different perspectives. The feedback is helpful to know where I am, and gathering more feedback as I go along will help me improve.

Overall, looking at all the feedback helped me identify where I am at getting a baseline. As I head towards the end of my college career, I can start connecting different experiences and how they relate to the baseline of strengths. I can start planning for my future and how I can

utilize and enhance them. In the meantime, I will start doing what I can to continue to practice and grow what I am doing. Looking at everything, I am genuinely my best when I use my time, energy, and enthusiasm to improve the lives of others one moment and one person at a time to make the community around me a better place. So far, I have done that well in the arenas Margaret is her best self. Overall, this project reaffirms my plans and that I am on the right track for the skills I need to serve youth in the youth development field.